

NOW HERE'S THE BIG LESSON, THE ONE THAT'S HARDEST FOR MOST PEOPLE TO ACCEPT.

EVERYTHING YOU ARE EXPERIENCING IN YOUR LIFE IS A RESULT OF THE QUALITY OF YOUR OWN EFFORT -- AND THE CHOICES YOU HAVE MADE UP TO THIS POINT TO SUPPORT THAT EFFORT.



IT'S NOT YOUR LUCK.

It's not your parents. It's not your coach. It's not what happened to you in second grade. It's the **QUALITY OF YOUR EFFORT** and choices you've made about that effort. The younger you are when you get that lesson, the better off you're going to be. Whenever you are ready, though, the lesson is there waiting: The onus is on **YOU** and no one else. Whether you are a self-made millionaire, or you're working at minimum wage, or anywhere in between, the quality of your life is always going to be connected to the quality of your effort and your choices -- **NOT** outside forces!

It is no one else's job to improve the quality of your effort. It is your job. It has always been your job.